



September 2026

Dryden Center for Community

9 E Main St/P.O. Box 74 Dryden, NY 13053

607-708-4044 ~ info@drydencenter.org

Room Color Code

Community Room

Yoga Room

Gym

Classroom

Performance Space

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
The Family Health Network Mobile Medical Unit will be at TC3 for the month September. Call 607-218-6704 for an appointment. Walk ins welcome!		● Lioness Den Circle 7pm Yoga 7pm 1	Yoga 9:15am Chair Yoga 10:30am Dance Therapy 11:30am Tai Ji 7pm ● 2	Family Yoga 6pm ● 3	Open Hours 10-2 ● 4	● 5
Yoga 10:30am 6	LABOR DAY	● Yoga 7pm 8	Yoga 9:15am Chair Yoga 10:30am Dance Therapy 11:30am Tai Ji 7pm ● 9	Community Tai Chi 5:30pm Family Yoga 6pm ● 10	Open Hours 10-2 ● 11	Come visit us at the FREEVILLE HARVEST FESTIVAL 10-2 ● 12
Yoga 10:30am 13	Drawing Class 6pm ● 14	Music Together 10am Calling In the Isms... 6pm Yoga 7pm ● 15	Yoga 9:15am Chair Yoga 10:30am Dance Therapy 11:30am Resilient Yoga 5pm Tai Ji 7pm ● 16	Family Yoga 6pm ● 17	Open Hours 10-2 WOC Pop-Up Shop 11-2 Fridays @ The Center 7pm ● 18	Come visit us at the HOMESTEAD HERITAGE FAIR DAY 10-3 ● 19
Yoga 10:30am 20	Drawing Class 6pm DCC Board Meeting 6pm ● 21	Music Together 10am Yoga 7pm ● 22	Yoga 9:15am Chair Yoga 10:30am Dance Therapy 11:30am Resilient Yoga 5pm Tai Ji 7pm ● 23	Family Yoga 6pm ● 24	Open Hours 10-2 ● 25	Repair Cafe 9am-12pm We Declare 2pm ● 26
Yoga 10:30am 27	Drawing Class 6pm ● 28	Music Together 10am Yoga 7pm ● 29	Yoga 9:15am Chair Yoga 10:30am Dance Therapy 11:30am Resilient Yoga 5pm Tai Ji 7pm ● 30			

For more information on programs and activities, please visit our website at <https://drydencenter.org>

Go to black-mongoose.gymdesk.com for the latest schedule and to register for boxing and martial arts